

goMOMS

GREATER OAKLAND MOTHERS OF MULTIPLES

November 2017 Edition

Password: Supermom

Auction Information

The Auction will start at 6:30 and there will be no Mom's Chat that night. Please feel free to bring guests-just RSVP for the total number of guests in your party. Dinner will be provided! For more information about this event, please see page 2 for full details and a sneak peek of some auction items!



Upcoming November Events

November MNO: November 7th
Hosted by Jess D'Alessandro
See Evite for more information

Upcoming Events in December
MNO: December 6th
See Evite for more information

Holiday Party: December 12th
@ Pasquale's, Royal Oak

Meeting Location
Abiding Presence Lutheran Church
1550 Walton Blvd.
Rochester Hills, MI 48309

Welcome New Members!

Welcome to new members, Amanda Wildner Caitlin Bearer, Kalena Williams, Elyse Turner, Katherine Szyadyr, Amariah Houseknecht, Stacy Francis, Danielle Foster, Katie Drilich, Jill Chateau, Ann Blizzard, and Lori Beylerian!

If you are a new or current MoM (Mother of multiples) and would like to be featured in an upcoming newsletter, please email me @ gomomsnewsletter@gmail.com. I would love to hear from you! A photo or two and a little info about your family would be great!

- Mei-Ling Thomas, Newsletter Administrator & MoM of fraternal boys!



Find us on:
facebook®

Facebook search:
goMOMS- Greater Oakland Mothers
of Multiples
Closed group-Please ask to join!

AUCTION INFORMATION

Auction starts at 6:30pm

Location: Abiding Presence Lutheran Church
1550 Walton Blvd, Rochester Hills MI 48309

The auction will take place of the goMOMs general meeting and Mom's Chat will not take place on this evening. Members are encouraged to bring friends &/or family members to the Auction.

For every donation you bring, you'll be entered in a raffle to win \$50.00 to spend at the auction.

Also, for every guest you bring, you'll be entered in a drawing to win \$50.00 to spend at the auction!

A dinner of pizza, salad, and bread from Kruse and Muer provided, as well as beverages and dessert!

Some of this year's auction items include:

Goldfish Swim School, Bounce U, Gift Baskets, a birthday party from Java Jungle, Norwex baskets, and more!

goMOMs hosts an annual auction, which serves as its only fundraiser, to help offset the costs of programs and operational costs throughout the year. GOMOMS is a nonprofit organization and relies upon this fundraiser and community donations.

goMOMs encourages members to solicit a business they frequent and ask for a donation that can be put up for auction. Members may also donate an item or gift basket to be auctioned. A donation letter is available on our website to give donors more information about the auction:

<http://gomoms.org/members-only/auction-archives/2015-auction/>



Donate while you shop this holiday season!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to National Organization of Mothers of Twins Clubs Inc., whenever you shop on AmazonSmile using the above link. Try it out today!

November Recipes and Tips

Looking for a way to get more protein into your kid's diet? Try these delicious and easy to make Greek Yogurt Pancakes! Make the whole batch and freeze them, then put into the toaster for a quick breakfast on the go! Or try this yummy, protein-packed dip with apple slices or pretzels.

Greek Yogurt Pancakes (Adapted from The Pioneer Woman)

- 2 whole Large Eggs
- 1/2 teaspoon Vanilla Extract
- ½ cup All-purpose Flour
- 2 Tablespoons Sugar
- 1 teaspoon Baking Soda
- 1/2 teaspoon Salt
- 1 cup Greek Yogurt- can be plain or flavored
- Butter, For Serving
- Syrup, For Serving

-Put yogurt into a bowl. Add vanilla and eggs, mix well. Add dry ingredients and stir until just combined.

-Heat a griddle or skillet over medium-low heat and smear a little butter over the surface, or use non-stick spray. Drop the batter by ¼ cup portions onto the griddle and cook on the first side until bubbles form.

Flip them to the other side and cook for another minute or so.

-Serve with softened butter and warm syrup!

Peanut Butter/Cookie Dough Dip

-2 containers Vanilla Greek Yogurt

(Or plain Greek yogurt w/1 Tsp vanilla extract)

-1/2 cup smooth peanut butter

-optional 1 TBSP honey or agave syrup

-optional mini chocolate chips, about ¼ cup

Stir yogurt, peanut butter, and honey if using til smooth by hand or whip with a hand mixer or blender.

Add chocolate chips. Enjoy with fruit, pretzels, crackers, or whatever strikes you feel like dipping!

GOMOMS ADOPT-A-FAMILY

Tis the season! Each year during the holiday season, GOMOMS adopts a family (with multiples) in need. Please stay tuned for more information, which will be coming soon!



Play Dates

Looking for something fun to do with your multiples?

Host or attend a play date!

Play dates are an excellent way for goMOMS and their children to connect!

To host a play date, fill out the [Evite Request Form](#)

Any additional questions, contact:
Amy Wacek, Secretary,
@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

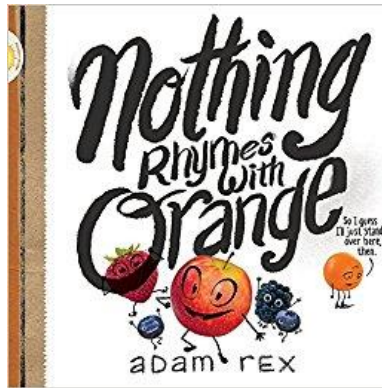
-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

[https://www.kroger.com/account/enrollCommunityRewards Now](https://www.kroger.com/account/enrollCommunityRewardsNow)

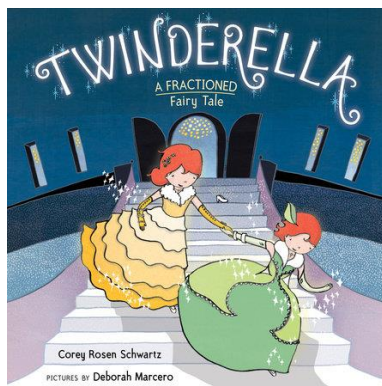
NOVEMBER BOOK NOOK



Nothing Rhymes with Orange By: Adam Rex

A story about celebrating differences, with cute, tongue-in-cheek rhymes and a variety of fruits such as the quince, make this a fun read for kids and adults alike.

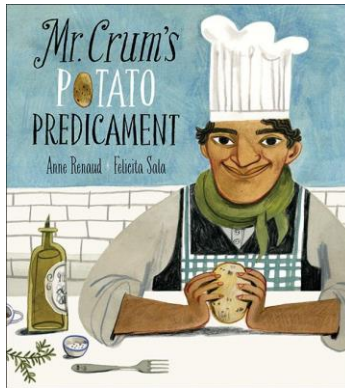
Reading Level/Interest Level Ages 5-9



Twinderella: A Fractioned Fairy Tale By: Corey Rosen Schwartz

Math, fairy tales, and fractions make this a great selection for GOMOMS moms and dads to read with their kids. With a happy, if unusual ending!

Reading Level/Interest Level Ages 3-6



Mr Crum's Potato Predicament By: Anne Renaud

The (slightly embellished) story of how potato chips were invented by Saratoga Springs chef George Crum. With a historical note afterward

Reading Level/Interest Level Ages 4-7



Fraturtles By: Keith Greenstein

After a friend teases her and says her brother can't possibly be twins, Shelly the turtle asks her mom how they can be. In rhymes, Mom Turtle explains about fraternal twins.

Reading Level/Interest Level Ages 3-6



P.O. Box 210226
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Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinators
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.