



Welcome back, goMOMS!

goMOMS is excited to welcome back returning members! We also look forward to getting to know new members this year! The goMOMS board has started planning an event-filled 2017-2018 year with informative meetings and entertaining outings. We encourage all goMOMS to feel comfortable getting involved as much as possible at meetings, hosting playdates, or a Mom's Night Out (MNO)!

Looking to renew your goMOMS membership for the 2017-2018 year or become a new member?

Annual full membership is \$40- the goMOMS calendar year runs from September to August. Alumni memberships are also available.

<http://gomoms.org/membership>

We now accept payments through Paypal: visit our website to submit a membership form: <http://gomoms.org/membership-form>

You may also contact Eva Charboneau, membership coordinator, for additional information @ gomomsmembership@gmail.com



Mom2Mom Sale

Date and Location: 10/4/17 @ [Eagle Creek Academy](#)

Sale Time: 9:00am-12:00 pm (8:30 Early Bird)

Admission: \$2.00 for 8:30 Early Bird,

\$1.00 for 9:00 am and after (cash/checks only)

Interested in selling?

[Registration Form & Information](#)

Registration deadline:10/04/17

Complete details located in the "Members only" section of our website (password:supermom)

<http://gomoms.org/members-only/mom2mom-sale-info/>

SEPTEMBER 2017

September 12th, 2017

goMOMS

Kickoff Meeting!

-6:30pm Mom's Chat

-7:30pm Meeting starts

-Get to know goMOMS

-Dinner provided

UPCOMING EVENTS

September Mom's Night Out-TBD

Hosted by Sommer Petroski

See Evite for more information

October Mom's Night Out: TBD

See Evite for more information

Upcoming Events in October:

Fall Party @Upland Hills Farm

Sunday, Oct 1st : 11 am-2:00 pm

October Meeting: October 10th

6:30-Mom's Chat

7:30 Ice Cream Social Meeting

MOM2MOM SALE: October 14th

AUCTION: November 14th

@6:30 pm: Dinner provided

Meeting Location

Abiding Presence Lutheran Church

1550 Walton Blvd.

Rochester Hills, MI 48309



Find us on:
facebook®

Facebook search:
goMOMS- Greater Oakland Mothers
of Multiples
Closed group-Please ask to join!

A Welcome Letter from the President

I would like to welcome everyone to the 2017/2018 goMOMS membership year. I am so excited to be a part of the board for another year. I am even more excited to take on the role of President.

A little about me: I am married and have 3 kids. My husband Bob is a Firefighter/Paramedic, my son Noah is 15, and my twin daughters, Addison and Zoey, are just about to turn 4 in a couple of weeks. I also work full time in EMS/Fire billing and run a small business out of my home...whew!

Have I told you how excited I am for this coming year?? We have fun outings, membership meetings, mom2mom sales, Mom's Night Outs and so many other opportunities to connect with our fellow goMOMS. We have such a great group of ladies who all share this "multiples" thing in common. We can laugh together, vent together and tell stories together and you won't get those off the wall questions like "are they identical?", "double trouble" and "who is older".

I am also excited that this group is so involved in philanthropy. We adopt a twin family at Christmas; we donate supplies to Abiding Presence Church, send NICU donations and provide meals for our fellow goMOMS who may be recovering. Watch the newsletter, Facebook and email for announcements on this.

The board is also tossing around some other fun ideas. Look for those, or if any time you have any ideas or suggestions, please let myself, or any board member know. We want these activities and meetings to be all about you!

Get those sitters/hubbies ready and come join us for some adult conversation, a glass of wine, laughs and meet some new friends.

I look forward to chatting with all of you!

Jodi Abraham
goMOMS President

2017 goMOMs Auction

Tuesday, November 14th

Auction starts at 6:30pm

Abiding Presence Lutheran Church

1550 Walton Blvd, Rochester Hills MI 48309

The auction will take place of the goMOMs general meeting and Mom's Chat will not take place on this evening.

Members are encouraged to bring friends &/or family members to the Auction.

Kruse and Muer dinner provided

goMOMS hosts an annual auction, which serves as its only fundraiser, to help offset the costs of programs and operational costs throughout the year. GOMOMS is a nonprofit organization and relies upon this fundraiser and community donations.

goMOMS encourages members to solicit a business they frequent and ask for a donation that can be put up for auction. Members may also donate an item or gift basket to be auctioned. A donation letter is available on our website to give donors more information about the auction:

<http://gomoms.org/members-only/2017-auction/?fref=gc&dti=1611504755540394>



Play Dates

Looking for something fun to do
with your multiples?

Host or attend a play date!

Play dates are an
excellent way for goMOMS and their
children to connect!

To host a play date, fill out the

[Evite Request Form](#)

Any additional questions, contact:
Andrea DeBuschere, Secretary,
@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

<https://www.kroger.com/account/enrollCommunityRewardsNow>

BOOK NOOK:

Book Nook will be back in October!

CALLING ALL GOMOMS

School is back in session and time is tight! We are adding a new section to the newsletter where we will be sharing recipes, ideas and tips for organization, and meal ideas. Please send your ideas to me at: gomomsnewsletter@gmail.com

September Meal Tips: Do you buy meat (ground beef, chicken, or turkey) in bulk? Try freezing it in 1-pound portions in Ziploc bags. Have a little more time? Season and brown the meat, then freeze. I like to use taco seasoning, Montreal seasoning, salt, pepper, and Italian seasoning. I package and freeze-when I want to make tacos, spaghetti, sloppy joes, etc., I can boil water for pasta or prep taco toppings while the meat is defrosting. Dinner is served!

September Snack Recipe:

Peanut Butter Protein Bites (Makes 12)

Ingredients:

1 cup peanut butter (spray measuring cup with non-stick spray first)

1.5 cups oats (any kind except steel cut)

½-¾ cups butterscotch chips or chocolate chips

Optional: 4 Tablespoons protein powder or protein/veggie powder. You may need to add a little more peanut butter. For a sweeter snack, add ¼ cup honey.

Mix together and make into about 12 golf ball sized balls. Chill at least 1 hour and serve or keep in fridge. Great snack idea for kids! If you have a peanut allergy, you can use Sunflower butter.

Meet Our 2017-2017 Board Members



President: Jodi Abraham

Email: gomomspresident@gmail.com

About me: Hi, I am Jodi! I live in Armada, with my husband Bob, 15 yr. old son Noah, and almost 4 y/o fraternal twin girls Zoey and Addison. I currently work in the EMS/Fire industry as a manager of a national billing agency. In my free time, I love to watch reality TV and travel. I joined goMOMS in 2014 after I had my twins, hoping I could meet people who could relate to this twin life.



Co-Vice-Presidents: Katie White (L) & Rebecca Baumgarten (R)

Email: gomomsvicepresident@gmail.com

About Me: Hi, I'm Katie and I'm a mom to fraternal twin girls that were born in November 2014. I live in Bloomfield Township with my husband, Toby, and girls, Brynn and Elise. I am currently a stay-at-home mom, having quit the auto industry when they were born, and I love to read, craft, and bake. I joined goMOMS as a member in 2015 and found this group to be such a wonderful resource for twin knowledge, camaraderie, and friendship and am very excited to be joining the board this year!

About Me (Rebecca):

As challenging as it is, there is nothing more rewarding than being a mom to multiples. I can't imagine it any other way! I joined goMOMs in 2015, after my fraternal twin boys were born at 35 weeks. We (my husband Matt and the boys - Sam and Wesley) are new residents to Berkley, moving this past January. I work full time in Marketing/Advertising and while life is crazy, I love being a part of this group - I have learned so much from my fellow goMOMs! You keep me grounded and sane! In my free time, I enjoy spending time with family (as cliché as that sounds) making crafts, playing outside when the weather is nice and this summer, I would like to take back up running. I am looking forward to another great goMOMs year!



Secretary: Audrey Tretheway

Email: gomomssecretary@gmail.com

About Me: Our family loves the great outdoors, and we spend much of our time up north. My husband, Rob, and I are active sportsmen and love sharing that with our boys. The boys came as a surprise in November 2013, 2 days after deer season started, at 34 weeks. The little monsters enjoy exchanging clothes and fooling people already, we may be in trouble. I left my job in 2015 to be a stay at home at mom and am very grateful for the time with my boys. I am new to the Board but have been a member since 2014, I wish I would have joined much earlier but was a bit overwhelmed. I look forward to a great year.



Treasurer: Amy Wacek

Email: gomomstreasurer@gmail.com

About Me: About me: I am mom to a 6 year old daughter and 2 year old boy/girl twins. I am also an identical twin myself. I live in Troy with my kids and husband, and work from home full time. I am originally from New York but have lived in Michigan for 11 years now. I joined goMOMS in 2014 when I was pregnant with my twins, and I have loved every minute of it. I am looking forward to this upcoming year and all the wonderful activities we have planned.



Membership Coordinator: Eva Charboneau

E-mail: gomomsmembership@gmail.com

About Me: Hello! My name is Eva and I am mom to twin boys, James and Brennan (3) and George (9 months). I live in Rochester Hills with my husband John, the boys, and our cat, Rufus. Currently, I work from home for a Virtual High School where I teach English. I love being able to work, yet be home with the boys- it's the best of both worlds! Being a twin mom is definitely crazy, but I wouldn't want it any other way! I am excited to serve on the board this year and look forward to meeting you.



goMOMS

MOMS Coordinators: Christy Ciaramitaro (L) & Jean Szura

Email: gomomsnewmoms@gmail.com

About Me: Hi, I am Christy Ciaramitaro. I live in Troy with my husband, five year old son and boy/girl twins who just turned three. I work full time in the Real Estate Title Industry and cherish all of the little adventures we do as a family. We love to be outside and exploring new places in the area. I joined goMoms when I was 12 weeks pregnant with my twins and was terrified about what was to come. This group has been invaluable for me with all of the resources and support they provide. I am excited to serve on the board and help our fellow moms this coming year.

About Me: Hello! My name is Jean and I am the mom to my maybe identical, maybe fraternal (we'll just call them di/di!) twin boys who turned two at the end of March. I work full-time at the Oakland University William Beaumont School of Medicine as the Director of Service Learning. I live in Shelby Township with my little dudes, husband, and two pugs Izzy and Gizmo. Not that any of us have spare time, but when I do I love to read and I hope you'll join us at one of the book clubs! I joined goMOMS in 2015 just before I had my boys. I look forward to getting to know everyone throughout all of the great meetings and activities!



Committee Co-Chairs: Jessica D'Alessandro (L) & Sommer Petroski (R)

Email: gomomscommittee@gmail.com

About Me: I'm Jessica, a 29 year old mom of identical twin girls, Austin and Memphis, who just turned one. I'm a new board member, wife, and student studying for medical coding. We also just moved to Emmett and we are enjoying country living!

About Me: Hi! I'm Sommer, wife to Derek and stay-at-home mom to my 2 year old fraternal twin girls, Adeline and Emma. In my spare time I love to read, bake and make personalized crafts for my friends and family. I joined GoMoM's when my girls were 8 months old and love how much the group has helped me get a handle on this twin mom thing! I'm looking forward to serving on the board this year and getting to know everyone better



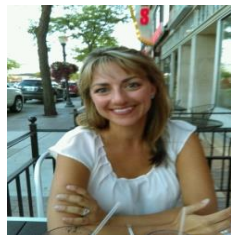
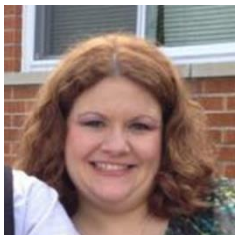
Website Administrator: Lori Przybyl
Email: gomomswebmaster@gmail.com

About Me: I am a stay at home mom of twin, boy/girl, soon-to-be six year olds and have been a member of goMOMS since 2010. Our twins were born at only 28 weeks but we were very lucky with how healthy they were/are. It is hard to believe that they are starting kindergarten this fall! I grew up in Sterling Heights, have been married to my husband for 19 years and I graduated with a degree in Mechanical Engineering. I went from working on military tanks to dealing with twins-can you guess which one I find more difficult? When I can find the time, I love to be crafty with everything from sewing to embroidery, vinyl, photography etc.



Newsletter Editor: Mei-Ling Thomas
Email: gomomsnewsletter@gmail.com

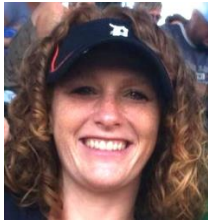
About Me: I live with my husband, fraternal b/b 4 year old twins, and a sweet new baby boy. I have been a member of goMOMS since 2013. This is my 2nd year as Newsletter Editor. I love walks, going on road trips, reading, and spending time with my wonderful boys, who make me laugh every day. I'm looking forward to seeing you at a meeting soon!



Fundraising Coordinators: Colleen Porter (L) & Amanda Keyser (R)
Email: gomomsfundraiser@gmail.com

About Me (Colleen): I'm a stay at home mom of a soon to be 5 year old son and my 1 year old twin boys. My husband and I have been married 12 years. I joined goMOMs in 2014 when I was pregnant with my twins. I have found this group to be very helpful in many ways. In my free time I enjoy doing anything crafty.

About Me (Amanda): I am a Stay at Home mama to my precious twin boys who recently turned three years old. Prior to that, I worked as a Program Director for a private JK-8th grade school, which included managing their early childhood center. With having 15 years' experience working in the field of child development I still feel unprepared as a "mother of multiples"! I joined GOMoMs while I was pregnant and cannot tell you how valuable I have found this group to be during these last two years. I am excited to serve on the board, & hope that I can be an asset to the group as well as my fellow MoMs.



Alumni Coordinator: Jovita Scrogin

Email: gomomsalumni@gmail.com

About Me: Proud mother of red headed boy/girl twins, I love any opportunity to have a good time! I'm a native Texan and despite living in Michigan for 10 years, I suffer through the winters and rejoice in any 90 degree day. I live in Royal Oak with my husband, Mike, the kiddos and our one stupid dog. Prior to the twins coming along I worked in Campus Recreation, managing university fitness centers and club sports teams. I could talk your ear off about food, books, DIY, the outdoors and anything Texas!



Sale Coordinator: Holly Modetz-Lopez

Email: gomomssalecoordinator@gmail.com

About Me: Hello! I am new to the board this year as sale coordinator. I have 3 kids, twin boys, Blake and Luke, who are 3, and Isabel who is 1.5. I live in Oxford with my kids, husband, Jorge, and pug, Milo!!

Meet GOMOMS Members



Hello, my name is Jasmine Jones! I am 25 years old. I am expecting Boy/Girl twins in October, and we have a 7 year old. I am excited to be a part of the group and hope to learn a lot from you ladies

Baby Announcements

- Mei-Ling Thomas and family welcomed baby Luke Edward June 8th. He was 9lb 1oz & 21.5 inches long.
- Julie Hetrick and family welcomed baby Logan Riley on July 8th. He was 8lb 6oz & 21 inches long.



P.O. Box 210226
Auburn Hills, MI 48321
www.goMOMS.org

2017-2018 Board Members

President-Jodi Abraham
gomomspresident@gmail.com
Co-Vice Presidents- Katie White & Rebecca Baumgarten
gomomsvicepresident@gmail.com
Treasurer-Audrey Trethway
gomomstreasurer@gmail.com
Secretary-Amy Wacek
gomomssecretary@gmail.com
Membership Coordinator-Eva Charboneau
gomomsmembership@gmail.com
Co-Moms Coordinators-Christy Ciaramitaro & Jean Szura
gomomsnewmoms@gmail.com
Co-Committee Chairs- Jessica D'Alessandro & Sommer Petroski
gomomscommittee@gmail.com
Website Administrator-Lori Przybyl
gomomswebmaster@gmail.com
Newsletter Editor-Mei-Ling Thomas
gomomsnewsletter@gmail.com
Alumni Representative- Jovita Scrogin
gomomsalumni@gmail.com
Fundraising Coordinator- Colleen Porter & Amanda Keyser
gomomsfundraiser@gmail.com
Sales Coordinator- Holly Modetz-Lopez
gomomssalecoordinator@gmail.com

Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!!

Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact Amanda Keyser , meal coordinator
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.