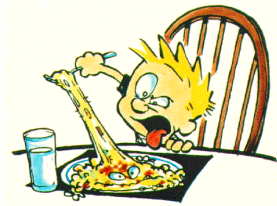




goMOMS

GREATER OAKLAND MOTHERS OF MULTIPLES

October 2017 Edition



Feel like Dinner is getting you down?

Have you ever wanted to participate in a meal swap, but feel you can't because of food allergies? We are looking for MoMs to participate in a meal swap, especially looking for Moms who have special dietary needs to do swaps with other moms (for example, gluten-free dairy free, egg free, etc.) Each mom would need to make several family sized portions of one meal and then exchange them for other meals. Look for more information soon from our very own Alumni Representative, Jovita!



goMOMs Fall Mom2Mom Sale

Date and Location: 10/14/17 @ [Eagle Creek Academy](#)

Sale Time: 9:00am-12:00 pm (8:30 Early Bird)

Admission: \$2.00 for 8:30 Early Bird,
\$1.00 for 9:00 am and after (cash/checks only)

Interested in selling?

[Registration Form & Information](#)

Registration deadline:10/04/17

Complete details located in the "Members only" section of our website (password:supermom)

<http://gomoms.org/members-only/mom2mom-sale-info/>

Oct. goMOMs Meeting Ice Cream Social

-6:30pm Mom's Chat
-7:30pm Meeting starts



October Events

-Fall Party @Upland Hills Farm
Sunday, Oct 1st - 11:00am-1:00pm

-October 10th- Ice Cream Social

-MOM2MOM Sale October 14th

October Mom's Night Out: TBD

Hosted by Audrey Tretheway
@Refresh Bath & Body Birmingham
See Evite for more information

Oct. 21: 11am-2pm

Precious Prints Event

Preciousprintsmi.com

Upcoming Events in November:

November 1st Auction

6:30 pm- Auction Begins

~Dinner provided

No Mom's Chat this meeting

MNO- week of Nov 6th

See Evite for more information

-Hosted by Jess D'Alessandro

Meeting Location

Abiding Presence Lutheran Church
1550 Walton Blvd.

Rochester Hills, MI 48309



Find us on:
facebook®

Facebook search:
goMOMs- Greater Oakland Mothers
of Multiples

Closed group-Please ask to join!

2017 GOMOMS AUCTION

Tuesday, November 14

Auction starts at 6:30pm

Location:

Abiding Presence Lutheran Church
1550 Walton Blvd, Rochester Hills MI 48309

The auction will take place of the goMOMs general meeting and Mom's Chat will not take place on this evening. Members are encouraged to bring friends &/or family members to the Auction.

For every donation you bring, you'll be entered in a raffle to win \$50.00 to spend at the auction.

Also, for every guest you bring, you'll be entered in a drawing to win \$50.00 to spend at the auction!

Kruse and Muer dinner provided

goMOMs hosts an annual auction, which serves as its only fundraiser, to help offset the costs of programs and operational costs throughout the year. GOMOMS is a nonprofit organization and relies upon this fundraiser and community donations.

goMOMs encourages members to solicit a business they frequent and ask for a donation that can be put up for auction. Members may also donate an item or gift basket to be auctioned. A donation letter is available on our website to give donors more information about the auction:

<http://gomoms.org/members-only/auction-archives/2015-auction/>



Play Dates

Looking for something fun to do with your multiples?

Host or attend a play date!

Play dates are an excellent way for goMOMS and their children to connect!

To host a play date, fill out the

[Evite Request Form](#)

Any additional questions, contact:

Amy Wacek, Secretary,

@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: 83164
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

<https://www.kroger.com/account/enrollCommunityRewardsNow>



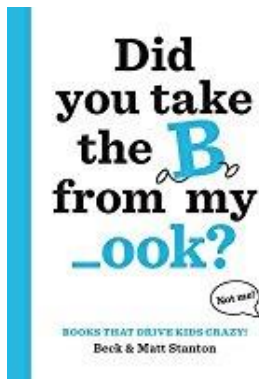
A new way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on Amazon Smile using the above link. **Try it out today!**

OCTOBER BOOK NOOK

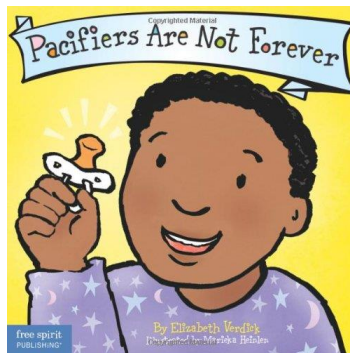
Fall is in the air. Here are a few books to enjoy with your kids!



Did you take the B from my -ook?: By Beck & Matt Stanton

A fun book to read aloud with your kids: the “B” goes missing and the readers (kids) must help the adult reader find it! A silly read that uses phonics and alliteration while making kids giggle as they listen and read along.

Reading Level/Interest Level Ages 3-6



Pacifiers Are Not Forever: By Elizabeth Verdick

A great little book with simple and clear language that will help your little one prepare to say good bye to their pacifier!

Reading Level/Interest Level Ages 2-5

GOMOMS Tips and Ideas

Make Your Own Foaming Soap

-Have you ever wanted to make your own foaming soap to refill that cute bottle? Here's how!

Directions

1. Fill empty foaming soap dispenser with water, approximately 4/5 full.
2. Fill remaining space with a liquid soap of your choice (and glycerin and essential oils, if using) being careful not to get too close to the top.
3. Shake gently to mix and use. Note: you definitely do not want to add the soap first.

October Snack Recipe:

Pumpkin Chocolate Chip Muffins (Makes 12 muffins or 24 mini muffins)

Ingredients:

- 1 box spice cake mix OR 1 box yellow cake mix with 1 tablespoon cinnamon
- 1 can Pumpkin Puree (Not pie filling), 15 or 16 oz can (small can)
- 1 egg (can leave out- add 1/3 cup water for fluffier muffins)
- 1 cup chocolate chips

Directions

Line muffin tin or spray with PAM or similar.

Mix all ingredients well, except for chips.

Add chocolate chips and scoop into tin (Try using an ice cream scoop)

Bake at 350 for 18-20 minutes. A toothpick or knife will come out clean with a few crumbs when done.

*Note-this recipe can be made with just the cake mix and pumpkin-this will result in a dense muffin that is still tasty!



P.O. Box 210226
Auburn Hills, MI 48321
www.goMOMS.org

2017-2018 Board Members

President-Jodi Abraham
gomomspresident@gmail.com
Co-Vice Presidents- Katie White & Rebecca Baumgarten
gomomsvicepresident@gmail.com
Treasurer-Audrey Trethway
gomomstreasurer@gmail.com
Secretary-Amy Wacek
gomomssecretary@gmail.com
Membership Coordinator-Eva Charboneau
gomomsmembership@gmail.com
Co-Moms Coordinators-Christy Ciaramitaro & Jean Szura
gomomsnewmoms@gmail.com
Co-Committee Chairs- Jessica D'Alessandro & Sommer Petroski
gomomscommittee@gmail.com
Website Administrator-Lori Przybyl
gomomswebmaster@gmail.com
Newsletter Editor-Mei-Ling Thomas
gomomsnewsletter@gmail.com
Alumni Representative- Jovita Scrogin
gomomsalumni@gmail.com
Fundraising Coordinator- Colleen Porter & Amanda Keyser
gomomsfundraiser@gmail.com
Sales Coordinator- Holly Modetz-Lopez
gomomssalecoordinator@gmail.com

Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinator
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.