



April 2019 Edition

Password: Supermom

GOMOMS HIGHLIGHTS:

- This year's Spring Mom2Mom sale is April 13th! If you would like to volunteer please contact Colleen or Katie @ gomomssalecoordinator@gmail.com
- Board Elections will be at the May Meeting.
- The Spring Party will be at Boulan Park on April 28th. We will have food, fun, and face painting! Hope to see you there! More details to come-keep an eye out for the Evite!
- **Don't forget! Members can shop the Mom2Mom sale's Early bird time, starting at 7:20. You must be a current member, no helpers or family members.** Please also consider bringing a bake sale or other edible item that can be sold at the concession table. Premade items such as granola bars, fruit, or cookies in Ziploc bags are would be greatly appreciated!

April Meeting: Spa Night

This off-site meeting is one of our most popular goMOMs events. Come spend time with other goMOMs and get a manicure, pedicure, or both (available at a special rate for goMOMs members). Snacks and some beverages will be available- feel free to also BYOB.

Special Pricing

Regular Mani/Pedi \$25 (Reg. \$39)

Shellac Mani/Pedi \$40 (Reg. \$58)

Shellac Mani \$21 (Reg. \$30)

Manicure \$9 (Reg. \$15) Pedicure \$19 (Reg. \$28)

[See Evite to RSVP & Signup Genius to choose a time slot](#)

Upcoming Events

Spa Night: April 9 @ 6 pm

@Obsession Nails & Spa

214 Walton Blvd, Rochester Hills

Spring Mom2Mom Sale April 13th

@Lutheran Northwest HS

Spring Party: April 28th

@ Boulan Park

May Meeting: May 14th

Alumni Panel Meeting and

Board Election Night

Moms Chat @ 6:30pm

Meeting Starts @ 7:30pm

Meeting Location

Abiding Presence Lutheran Church

1550 Walton Blvd.

Rochester Hills, MI 48309



Find us on:
facebook®

Facebook search:

goMOMs- Greater Oakland Mothers
of Multiples

Closed group-Please ask to join!

Upcoming Events

This year's Spring Party will be April 28th at Boulan Park. Come join us for food, fun, and face painting! See Evite for more details.

goMOMs Scholarship

We are offering up to 2 scholarships in the amount of \$500.00 for students entering college. Applicants must be a multiple (twin, triplet, etc.), and be enrolled in a college or trade school. Please email gomomsscholarship@gmail.com for more details. The deadline to apply is April 30th!

Gomoms Ticket Discount Offers

www.313presents.com/gomoms

Promocode: GOMOMS

Upcoming Shows:



Daniel Tiger Neighborhood
Saturday April 27th 2 PM & 5:30 PM
Fox Theatre



November 14-17
Little Caesars Arena

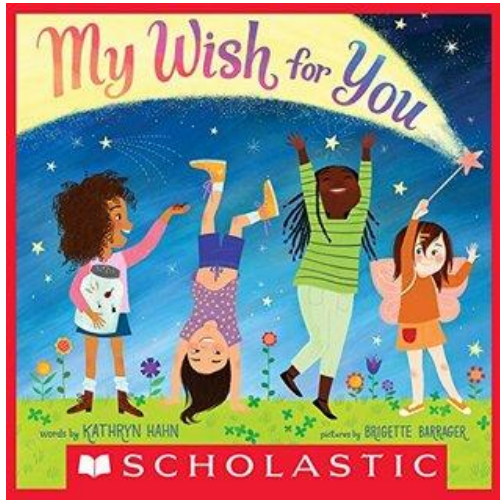
goMOMs Philanthropy

From Board Member Sommer Petroski:

I delivered our first NICU donation of 2019 to Hurley Hospital in Flint. We donated 48 onesies/sleepers for the babies and 2 pediatric stethoscopes for their nurses. They were very excited and thankful for the donation!



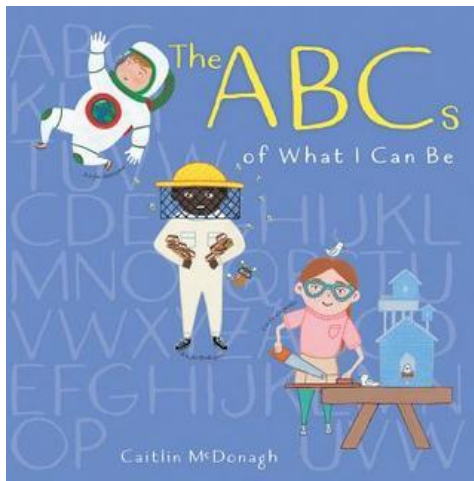
April Book Nook



My Wish for You by: Kathryn Hahn

A sweet and touching story for all moms and daughters to read together, this book has a positive and loving message for girls encouraging them to live an empowered life.

Reading Level: Ages 3-7



The ABC's of What I Can Be by: Caitlin McDonagh

Featuring a diverse range of children and careers, this is a fun and imaginative look at the possibilities of the future.

Reading Level: Ages 4-7

Recipe: Mississippi Chicken or Beef

This delicious recipe is easy and kid friendly. Throw everything in the crockpot and walk away! Great for a crowd or party too!

Ingredients:

1. 1 beef roast, package of chicken breasts, or thighs- bone in or boneless
2. 1 package dry ranch dressing
3. 1 package beef gravy mix such as au jus
4. 1 stick butter, sliced up
5. 6 pepperoncini (I used more)

Instructions:

Turn crockpot on low 6 hours for chicken, 8 for beef

- Place meat in crockpot.
- Roll into desired shapes such as a bagel, rolls, rounds for pitas, or sticks.
- Sprinkle seasoning on top of meat, can mix together if preferred.
- Place pepperoncini on top of meat, then butter slices.
- Cook in crockpot for the recommended time. Serve on buns, with rice, or potatoes.

Organizing tip:

Use a hanging organizing bin and have your school age kids pick out their outfits for the entire week, limiting decision fatigue and saving time in the morning!





Play Dates

Looking for something fun to do
with your multiples?

Host or attend a play date!

Play dates are an
excellent way for goMOMS and their
children to connect!

To host a play date, fill out the

[Evite Request Form](#)

Any additional questions, contact:
Amy Wacek, Secretary,
@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

[https://www.kroger.com/account/enrollCommunityRewards
Now](https://www.kroger.com/account/enrollCommunityRewardsNow)



A great way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on Amazon Smile using the above link. **Try it out today!**



P.O. Box 210226
Auburn Hills, MI 48321
www.goMOMS.org

2017-2018 Board Members

President-Jodi Abraham
gomomspresident@gmail.com
Vice President- Amy Hawkins
gomomsvicepresident@gmail.com
Treasurer-Audrey Tretheway
gomomstreasurer@gmail.com
Secretary-Amy Wacek
gomomssecretary@gmail.com
Membership Coordinator-Eva Charboneau
gomomsmembership@gmail.com
Co-Moms Coordinators-Paula Kreuger & Molly Shapiro
gomomsnewmoms@gmail.com
Co-Committee Chairs- Jessica D'Alessandro & Sommer Petroski
gomomscommittee@gmail.com
Website Administrators-Jovita Scrogin & Rebecca Baumgartner
gomomswebmaster@gmail.com
Newsletter Editor-Mei-Ling Thomas
gomomsnewsletter@gmail.com
Alumni Representative- vacant
gomomsalumni@gmail.com
Fundraising Coordinators- Amanda Keyser & Nicole Gaynier
gomomsfundraiser@gmail.com
Sales Coordinators- Colleen Porter & Katie White
gomomssalecoordinator@gmail.com

Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinators
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.