



October 2018 Edition



October Events

Oct. 9th

Ice Cream Social & Busy Bags

-6:30pm Mom's Chat

-7:30pm Meeting starts



-Fall Party @Upland Hills Farm

481 Lake George Rd, Oxford, MI

Saturday, Oct 13- 11:00am-2:00pm

Upcoming Events in November:

Nov 6th

MNO @ Birmingham Chocolates

-See Evite for more information

November 13 Auction

6:30 pm- Auction Begins

~*Dinner provided*

No Mom's Chat this meeting

Meeting Location

Abiding Presence Lutheran Church

1550 Walton Blvd.

Rochester Hills, MI 48309

goMOMs Mom2Mom Sale Info

Thanks to our dedicated coordinators **Colleen Porter** and **Katie White**, sellers, and volunteers, we had one of our most successful goMOMsMom2Mom sales yet! The new location was fantastic and there was plenty of room for sellers and buyers! A BIG thank you to everyone who helped, and also to the people who donated their time and items to help out goMOMs! This is a great way to clear your home of unneeded items, make some extra money, and get clothes and other items for far below retail value! The next sale will be this spring! Details to follow ☺

(photo courtesy of Rachel LaRosa via Facebook)



Find us on:
facebook®

Facebook search:
goMOMs- Greater Oakland Mothers
of Multiples
Closed group-Please ask to join!

2018 GOMOMS AUCTION

Tuesday, November 13th

Auction starts at 6:30pm

Location:

Abiding Presence Lutheran Church

1550 Walton Blvd, Rochester Hills MI 48309

The auction will take place of the goMOMs general meeting and Mom's Chat will not take place on this evening. Members are encouraged to bring friends &/or family members to the Auction. For every donation you bring, you'll be entered in a raffle to win \$50.00 to spend at the auction.

Also, for every guest you bring, you'll be entered in a drawing to win \$50.00 to spend at the auction!

Kruse and Muer pizza and salad dinner provided

goMOMs hosts an annual auction, which serves as its only fundraiser, to help offset the costs of programs and operational costs throughout the year. GOMOMS is a nonprofit organization and relies upon this fundraiser and community donations.

goMOMs encourages members to solicit a business they frequent and ask for a donation that can be put up for auction. Members may also donate an item or gift basket to be auctioned. A donation letter is available on our website to give donors more information about the auction:

<http://gomoms.org/members-only/auction-archives/2015-auction/>

SPECIAL FUNDRAISING EVENT!



GREATER OAKLAND MOTHERS OF MULTIPLES NIGHT OUT

2 HOURS FOR \$16

(\$4 per jumper will be donated back to GOMOMS)

Pricing includes socks. Must mention this event at check in

Tuesday 11/06/18

Open 3pm - 9pm

AirTime Trampoline Troy
662 E. Big Beaver Rd. | Troy, MI 48084
248-918-0909



Fill out an E-Waiver at www.AirTimetrampoline.com

*All jumpers must have a signed waiver
and wear AirTime Safety Grip Socks.*



Play Dates

Looking for something fun to do with your multiples?

Host or attend a play date!

Play dates are an excellent way for goMOMS and their children to connect!

To host a play date, fill out the

[Evite Request Form](#)

Any additional questions, contact:

Amy Wacek, Secretary,

@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: 83164
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

<https://www.kroger.com/account/enrollCommunityRewardsNow>



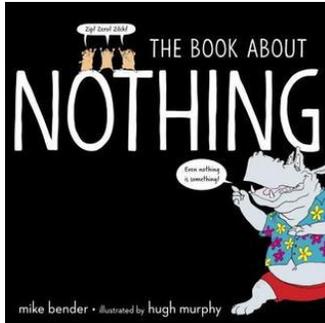
A great way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on Amazon Smile using the above link. **Try it out today!**

OCTOBER BOOK NOOK

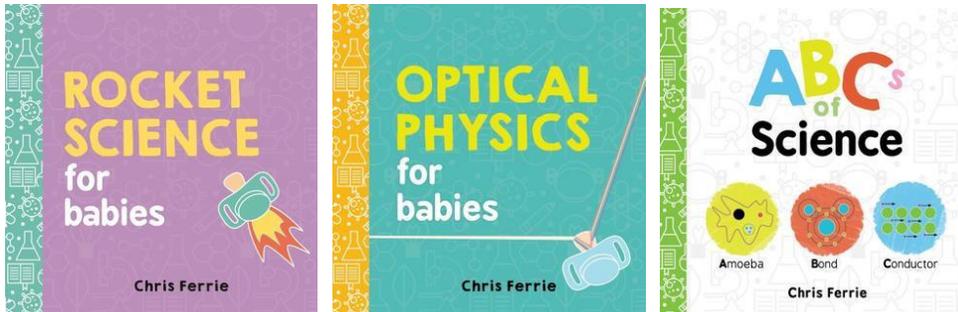
Fall is in the air. Here are a few books to enjoy with your kids!



The Book About Nothing by: Mike Bender

A fun book about “nothing” that will make kids giggle as they use their imagination and realize that even nothing is something! For fans of Not a Box (Antoinette Portis) and The Book with No Pictures (by B.J. Novack)

Reading Level/Interest Level Ages 3-6



Science for Babies Series by Chris Ferrie

Looking for a little something special to read to your little ones, or need a unique gift for the holidays? Look no further! A great little series that is written for babies but is informative and fun for all ages, these are just a few of the books offered in this series. Written by a scientist father of 4, these books will be a great intro to science for all young readers and their parents too!

Reading Level/Interest Level Ages 2 and up!

GOMOMS Tips and Ideas

October Recipe:

Hummus Crusted Chicken (Recipe courtesy of Paula Kreuger)

Ingredients:

- 4 boneless, skinless chicken breasts
- salt and pepper
- 1 zucchini, chopped
- 1 yellow squash, chopped
- 1 medium onion, chopped
- 1 cup hummus, homemade or store-bought
- 1 Tbsp. olive oil
- 2 lemons
- 1 tsp. smoked paprika or sumac

Directions

Preheat oven to 450 degrees. Prepare one large baking dish or two smaller baking dishes with cooking spray.

Pat the chicken dry. Season the chicken breasts with generous pinches of salt and pepper. In a large bowl, toss the zucchini, squash and onion with olive oil until evenly coated, then season with salt and pepper.

If using one baking dish, place all of the vegetables on the bottom of the dish in an even layer. Lay the four chicken breasts evenly on top, then coat each chicken breast with hummus so that the entire breast is covered. Squeeze the juice of one lemon over the chicken and vegetables. Then sprinkle the pan with smoked paprika or sumac. Thinly slice the remaining lemon, and place the slices in between the chicken and vegetables if desired.

**If using two pans, use one for the chicken and one for the vegetables.

Bake for about 25-30 minutes, until the chicken is cooked through and the vegetables are tender.



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Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinators
@gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.