



May 2019 Edition

Password: *supermom*

goMOMs 2019-2020 Board Member Candidates

President: Audrey Tretheway
Co-Vice President: Amanda Keyser
Co-Vice-President: Nicole Gaynier
Treasurer: Amy Wacek
Membership Coordinator: ***Vacant***
Co-Mom's Chat Coordinator: Paula Kreuger
Co-Mom's Chat Coordinator: Molly Shapiro
Newsletter Editor: ***Vacant***
Committee Chair Coordinator: Jessica D'Alessandro
Secretary: Evie Charboneau
Co-Fundraising Chair: Sommer Petroski
Co-Fundraising Chair: Amy Hawkins
Website Administrator: ***Vacant***
Alumni Representative: Rebecca Baumgarten
Sale Coordinators: Colleen Porter & Katie White

Upcoming Events

May Meeting: May 14th
Alumni Panel Night
Moms Chat @ 6:30pm
Meeting Starts @ 7:30pm
*Board election night
Dinner provided
Dads invited!

June MNO-Rochester Pedal
See Evite for more info

Board Installation Dinner
Tuesday June 11th: 7:00-9:30pm
See Evite for location & details

Meeting Location

Abiding Presence Lutheran Church
1550 Walton Blvd.
Rochester Hills, MI 48309

NOTES AND REMINDERS

Just a reminder that DADs are invited to attend this May' Alumni Panel meeting! Please RSVP with "2" if your spouse plans to attend!

Thanks to all who helped make our Spring Mom2Mom sale so successful!!

Thanks to all of our Board Members! Your hard work is appreciated!



Find us on:
facebook®

Facebook search:
goMOMs- Greater Oakland Mothers
of Multiples
Closed group-Please ask to join!

SAVE THE DATE / Special Upcoming Events

goMOMs Spring Party 2018

The spring party was April 28th. Fun was had by all, and included food and face painting

goMOMS Election Night

May 14th

We will be voting for the 2018-2019 goMOMs Board of Directors. Please see page 1 for the complete list of candidates!

May 14th Meeting: Alumni Panel Night

Moms Chat @6:30 pm

Meeting starts @7:30 pm

Please join us for the goMOMs Alumni Panel night.

Moms Chat starts at 6:30 pm, membership meeting at 7:30 pm.

goMoms will be providing dinner.

Dads are invited, please note on RSVP if they will be attending!

Join us for an informative evening as we hear from alumni moms of multiples. They will discuss topics related to raising multiples as well as answer our questions.

goMOMs Board Installation Dinner

Tuesday June 11th

7:00-9:30pm-Location TBD

Please see Evite for further details

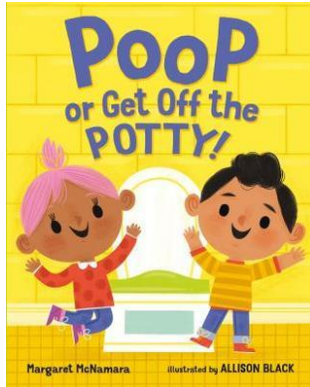
Dinnertime Inspiration: Slow Cooker *Crockpot Creamy Garlic Chicken*

- 6 bone-in, skin-on chicken thighs OR 4 bone in chicken breasts
- 1 1/2 teaspoons smoked paprika
- Kosher salt and freshly ground black pepper
- 2 tablespoons butter
- 2 pounds baby red potatoes, halved
- 1/4 cup dry white wine
- 1/4 cup chicken stock
- 2 shallots, chopped
- 3 cloves garlic, minced
- 1 teaspoon dried thyme
- 3 cups broccoli florets
- 1/2 cup heavy cream
- 2 tablespoons lemon juice
- 1 tablespoon cornstarch

DIRECTIONS:

1. Season chicken with paprika, salt and pepper, to taste.
2. Melt butter in a large skillet over medium high heat. Add chicken, skin-side down, and sear both sides until golden brown, about 2-3 minutes per side; drain excess fat and set chicken aside.
3. Place potatoes into a 6-qt slow cooker. Stir in wine, chicken stock, shallots, garlic and thyme; season with salt and pepper, to taste. Add chicken to the slow cooker in an even layer.
4. Cover and cook on low heat for 5-6 hours, or until the chicken is completely cooked through, reaching an internal temperature of 165 degrees F. Add an extra hour if using chicken breasts. Add broccoli during the last 30 minutes of cooking time.
5. Remove chicken, potatoes and broccoli from the slow cooker, cover and keep warm.
6. In a small bowl, whisk together heavy cream, lemon juice and cornstarch. Stir into the slow cooker. Cover and cook on high heat for an additional 10-15 minutes, or until the sauce has thickened.
7. Serve immediately.

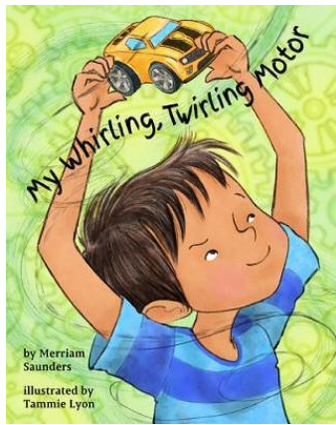
May Book Nook



Poop or Get Off the Potty by Margaret McNamara

Twins Mason and Mia are learning how to become potty trained. This was chosen not only for its colorful illustrations and cute storyline, but for the boy/girl twins featured in this book!

Reading/Interest Level Ages 2-5



My Whirling, Twirling Motor by Merriam Saunders

A young boy talks about his overly active body and ways he can work with himself. This a gentle story that will be helpful to talk to children about ADD/ADHD.

Interest/Reading Level Ages 3-6



Play Dates

Looking for something fun to do with your multiples?

Host or attend a play date!

Play dates are an excellent way for goMOMS and their children to connect!

To host a play date, fill out the

[Evite Request Form](#)

Any additional questions, contact:

Amy Wacek, Secretary,

@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

<https://www.kroger.com/account/enrollCommunityRewardsNow>



A great way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on Amazon Smile using the above link. **Try it out today!**



P.O. Box 210226
Auburn Hills, MI 48321
www.goMOMS.org

2018-2019 Board Members

President-Jodi Abraham
gomomspresident@gmail.com
Vice President- Amy Hawkins
gomomsvicepresident@gmail.com
Treasurer-Audrey Tretheway
gomomstreasurer@gmail.com
Secretary-Amy Wacek
gomomssecretary@gmail.com
Membership Coordinator-Eva Charboneau
gomomsmembership@gmail.com
Co-Moms Coordinators-Paula Kreuger & Molly Shapiro
gomomsnewmoms@gmail.com
Co-Committee Chairs- Jessica D'Alessandro & Sommer Petroski
gomomscommittee@gmail.com
Website Administrators-Jovita Scrogin & Rebecca Baumgartner
gomomswebmaster@gmail.com
Newsletter Editor-Mei-Ling Thomas
gomomsnewsletter@gmail.com
Alumni Representative- vacant
gomomsalumni@gmail.com
Fundraising Coordinators- Amanda Keyser & Nicole Gaynier
gomomsfundraiser@gmail.com
Sales Coordinators- Colleen Porter & Katie White
gomomssalecoordinator@gmail.com

Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinators
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.