



January 2017 Edition

Password: *Supermom*

Spotlight on: Mom's Night Out

Each month, a goMOMS member hosts or co-hosts a Mom's Night Out (MNO). It is a chance to get to know your fellow goMOMS better and just have fun with other ladies!

It could be anything from a Barre class, a night at a bar and grill, movie night, or a sign painting class (*pictured below*). Check your upcoming Evites to see what's coming up next! Hope to see you there!



Upcoming Events: January

MNO: See Evite for details

January Meeting

Mom's Chat: 6:30pm

General Meeting @ 7:30pm

Making Busy Bags

February MNO-TBD

February Meeting: 02/16

Meeting Location

Abiding Presence Lutheran Church

1550 Walton Blvd.

Rochester Hills, MI 48309



Find us on:
facebook®

Facebook search:
goMOMS- Greater Oakland Mothers
of Multiples
Closed group-Please ask to join!

GOMOMS HOLIDAY PARTY HIGHLIGHTS

A fun time was had by all at our recent Holiday Party at Pasquale's, with great food and drinks, a fun game, and a chance to just hang out and chat with fellow goMOMs!



Amy (L) & Audrey (R) running the Holiday Bingo Game



Hamming it up with Christmas cracker crowns!



Play Dates

Looking for something fun to do with your multiples?

Host or attend a play date!

Play dates are an excellent way for goMOMS and their children to connect!

To host a play date, fill out the [Evite Request Form](#)

Any additional questions, contact:
Andrea DeBuschere, Secretary,
@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card! -If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

[https://www.kroger.com/account/enrollCommunityRewards Now](https://www.kroger.com/account/enrollCommunityRewardsNow)

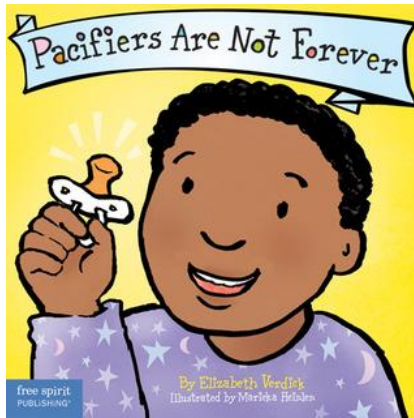


A new way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on AmazonSmile using the above link. **Try it out today!**

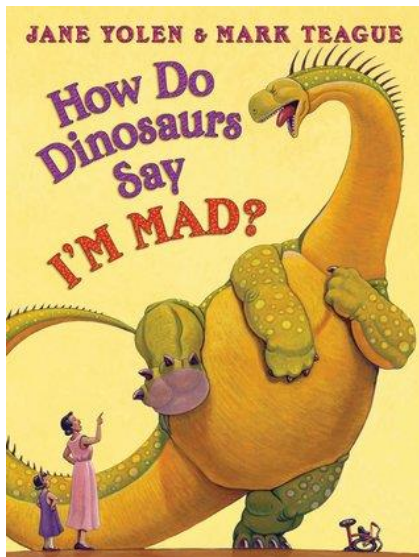
January Book Nook: New Year, New Habits!



Pacifiers are Not Forever: By Elizabeth Verdick

This charmingly illustrated book can be read repeatedly with your little one(s) who need to give up the pacifier. Read over a period of time, this little book can help reassure your child when it is time. There are also tips for parents/child caregivers to help with the transition!

Reading Level: Ages 2 and up



How do Dinosaurs Say I'M MAD? : by Jane Yolen & Mark Teague

Jane Yolen explores feelings once again in this book about how to deal with little one's emotions appropriately. This is great to read along with your little ones who may be testing boundaries and exploring their feelings.

Reading Level: approximately 2-5



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2016-2017 Board Members

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Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!!

Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact Sandra Maki, meal coordinator
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.