

OCTOBER 2020

goMOMS Newsletter

Updates for the members of the Greater Oakland Mothers of Multiples



Welcome to the new goMOMS year!

We know the past few months have been challenging. We hope you're doing well and staying healthy! And, congratulations to all you moms with kids back in school who survived the first month, whether virtual or in person!

It was great to see so many of you at our 1st Mom's chat of the year on September 8. Although it is sad we cannot be in person, it was nice to reconnect! Given the current situation, all meetings and Mom's Chats will continue to be virtual via Zoom.

The board is continuing to brainstorm ideas for meetings and events. Check out the next page for the October activities! There is also a brand new website in the works - so keep an eye out for that!

In the mean time, please continue to stay safe, stay healthy, and we can't wait until we can all get together again! If you need anything at all, please do not hesitate to reach out to anyone on the board or on Facebook!

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October goMOMs Events

For all events, please check the event evite for information and Zoom details!
If you did not receive an evite for the below, please reach out to gomomssecretary@gmail.com

Mom's Chat - *new day!*

Wednesday, October 7
8:30pm

Please note the updated day of the month!

**Mom's Chat will now be on the
1ST WEDNESDAY OF EVERY MONTH**

We will be hosting a zoom call in hopes that members will be able to attend and join in a friendly discussion about life and how to deal with the many difficulties that come along with multiples!

Virtual October Meeting

Tuesday, October 13
8:30pm

**Our monthly meetings will remain on the
2ND TUESDAY OF EVERY MONTH**

Our goMOMs October meeting will have Stacy Pederson as our speaker. This will be a virtual event where Stacy, a funny motivational speaker, will perform. This should be a nice meeting where we can all get some laughs in while also picking up some motivational tips.
[Here is a clip to one of her presentations.](#)

Fall Party

Sunday October 11

10am - 1pm

Upland Hills Farms

Come out for GoMoms Annual Fall Party! It is fun for all ages.

There will be pumpkin decorating (no cutting just stick on decorations), donuts, animals, hayrides, and lots more fun!

RSVP cutoff is October 8th.

Please be sure to RSVP for all members of family so we can get accurate count to give to the farm.

goMOMs is subsidizing the ticket cost

Cost for members: \$5 per person

Tickets for admission can be purchased at the admission gate when arriving at the farms

Due to COVID, Upland Hills has made some adjustments.

- Masks are required whenever guests are within 6ft of other guests or in any building with a roof.
- Pony rides, magic shows and duck feeding will not be available at this event due to the pandemic.
- The following will still be offered: Pumpkin Patch, Hayrides, Storybook Trail, Visiting/Petting the animals, milking a cow, farm show demonstrations and cider/donuts.
- Please refer to the evite for additional COVID19 Safety Guidelines.

Member Information

Membership Renewal

Thank you to everyone who has already renewed!

If you have not yet renewed, please note that membership dues for the 2020/2021 are due by October 31

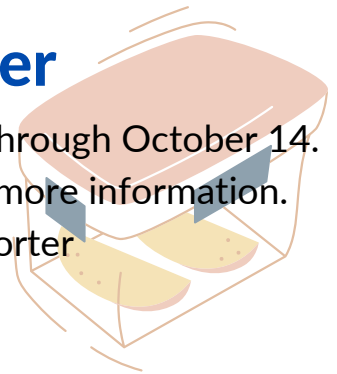
[Click here](#) to renew online.

Please contact gomomsmembership@gmail.com with any questions.

goMOMs Tupperware Fundraiser

In case you missed it, there is a Tupperware Fundraiser going on now through October 14. Check out the [goMOMs Tupperware Fundraiser Facebook group](#) for more information.

If you have any questions, please reach out to Colleen Porter.



Buy/Sell/Swap your gently used items!

In lieu of the Fall Sale, goMOMs has created a Facebook group to Buy/Sell/Swap your gently used items. This group is private and restricted to current members only. Please make sure your dues have been paid for the 2020-2021 year so you can be added to the group.

We still hope to host a sale in the Spring, but this group will continue to support our members while we cannot be F2F.

[Link to the Facebook group: goMOMs sale](#)

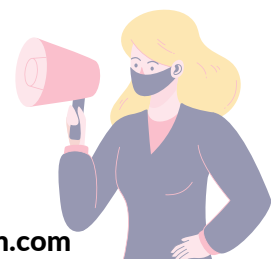
Have an Announcement?

We could all use a little excitement and happiness in our life!

Are you expecting? Recently delivered?

Or, have any other news you'd like to share?

Please send your update with a picture to gomomsnewsletter@gmail.com



Take Them a Meal Program

It takes a village to raise a family. Let goMOMS be part of your village! Whether you've recently delivered, moved, had a job change, illness, or any of the other things life throws at you - we can help! Contact us to set up a meal train for you to lighten your load!

For those of us providing meals, they can be homemade or takeout/ delivery. The mom requesting the meals will provide all the details we need!

If you'd like to request meals for yourself or a fellow GOMOM you know needs it, fill out this form <https://form.jotform.com/61988131839165>



goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.

Donate while you shop!



Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: 83164
4. Click on Greater Oakland Mothers of Multiples
5. Confirm



<https://smile.amazon.com/ch/38-2155217>
Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to National Organization of Mothers of Twins Clubs Inc., whenever you shop on Amazon Smile using the link above!

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