

goMOMS

GREATER OAKLAND MOTHERS OF MULTIPLES



HAPPY NEW YEAR!

January 2018 Edition

Password: Supermom

Spotlight on: NICU Donations

GOMOMS recently made a donation to St. Joe's Mercy (Pontiac) NICU. We donated 82 items including onesies, sleepers and receiving blankets and they were very excited and thankful for everything.

-Sommer Petroski, GOMOMS Board Member



Upcoming Events: January

MNO: See Evite for details

01/09/18-January Meeting

Mom's Chat: 6:30pm
 General Meeting @ 7:30pm
Busy Bags/Vendor Night
 Dinner provided (Chipotle)

February MNO-TBD

February Meeting: 02/13
 -Trivia Night @ Patrick J's
 -See Evite for details

Meeting Location

Abiding Presence Lutheran Church
 1550 Walton Blvd.
 Rochester Hills, MI 48309



Find us on:
facebook®

Facebook search:
 goMOMS- Greater Oakland Mothers
 of Multiples
 Closed group-Please ask to join!

GOMOMS HOLIDAY PARTY HIGHLIGHTS

A fun time was had by all at our recent Holiday Party at Pasquale's, with great food and drinks, a fun game, and a chance to just hang out and chat with fellow goMOMs! We also collected donations for our yearly Adopt a Family, which consisted of a single mom of triplets and an older sibling. Thanks to all who pitched in to make a difference!

A Special Thank You...

Hello, I would like to say you women are amazing. It's so much stuff. Me and my boys are going to have a wonderful Christmas.

They have not seen their dad in months and I am sure this will be a big distraction. This year has been a challenge for us and I can't stop crying about it. Thank you so much for all the thoughtful gifts. On the other hand I have not had a present in my adult life. Crazy huh, maybe a gift from work Christmas party but it feels good to get something for Christmas!! I'm happy about it.

Thank you and all the people that wrapped presents, applied tape, shop for gifts, spent time and effort into writing all the names on the tags to planning and everything else.

You are amazing!! May God bless your hearts!
Happy New Year!



Play Dates

Looking for something fun to do
with your multiples?

Host or attend a play date!

Play dates are an
excellent way for goMOMS and their
children to connect!

To host a play date, fill out the
[Evite Request Form](#)

Any additional questions, contact:
Amy Wacek, Secretary,
@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

-If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

<https://www.kroger.com/account/enrollCommunityRewardsNow>

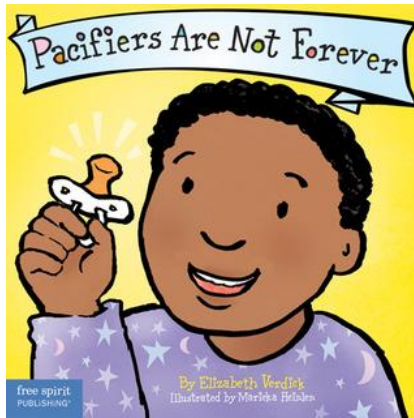


A great way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on AmazonSmile using the above link. **Try it out today!**

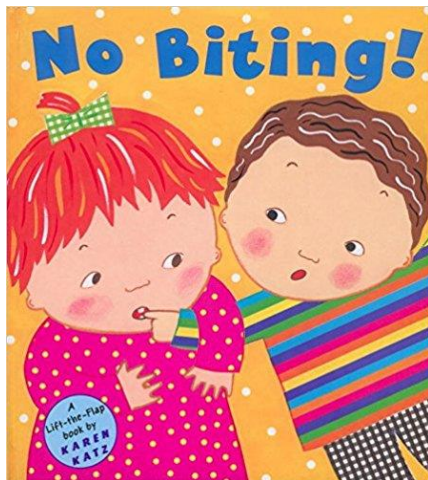
January Book Nook: New Year, New Habits!



Pacifiers are Not Forever: By Elizabeth Verdick

This charmingly illustrated book can be read repeatedly with your little one(s) who need to give up the pacifier. Read over a period of time, this little book can help reassure your child when it is time. There are also tips for parents/child caregivers to help with the transition!

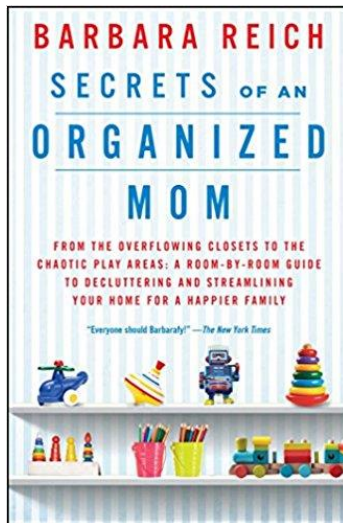
Reading Level: Ages 2 and up



No Biting! By: Karen Katz

This little book talks about behaviors such as ass biting and hitting, while offering acceptable alternatives (biting an apple, banging a drum). This is great to read along with your little ones who may be testing boundaries and exploring their feelings.

Reading Level: approximately 2-5



Secrets of an Organized Mom: From the Overflowing Closets to the Chaotic Play Areas: A Room-by-Room Guide to Decluttering and Streamlining Your Home for a Happier Family: By Barbara Reich

This book realistically tackles decluttering and organization from the viewpoint of a professional organizer and fellow mom of twins.

Tips and Recipe Ideas

Did you get an Instant Pot for Christmas? Here is a link to blogger and cookbook author Gina Homolka, aka Skinnytaste. There are lots of calorie-friendly, delicious recipes for you to try out!

<https://www.skinnytaste.com/pressure-cooker-recipes/>

New Year's Resolutions

Trying to organize and declutter? Try this small step to get you started—take a garbage bag with you and walk into and around each room in your house. Throw out any trash, or alternatively, use the bag to put stuff into that you don't need or use. Donate the bag's contents to Goodwill, or a donation box. Or use an empty Amazon box and go to <https://givebackbox.com/> to donate items. Happy organizing!



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Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinators
[@gomomsmeals@gmail.com](mailto:gomomsmeals@gmail.com)
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.