

SEPTEMBER 2019

# goMOMS Newsletter

Updates for the members of the Greater Oakland Mothers of Multiples



## Welcome to the new goMOMS year!

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This Tuesday, September 10th, kicks off the new goMOMS year! The first meeting will be at Abiding Presence in Rochester (as are most meetings).

Mom's chat will start at 6:30 pm - this is a great opportunity for you to ask questions or help a fellow mom navigate the tricky life of raising multiples!

The regular meeting will kick-off at 7:30 pm. During the kickoff meeting you will get to meet other members, learn about all of the great meetings, events and family activities coming up for the year, and have a yummy dinner!

After dinner and the meeting, we hope you'll join us for an informal mom's night out as we grab drinks nearby! The location will be announced at the meeting.

Don't worry if you haven't RSVP'd! We hope you will still join us.

It's sure to be a great year, and we're so glad you're part of goMOMS!

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*Would you like something added to the newsletter? Have a recommendation for our 'goMOMS recommends' page? Email [gomomsnewsletter@gmail.com](mailto:gomomsnewsletter@gmail.com)*

# Fall goMOMS Sale!

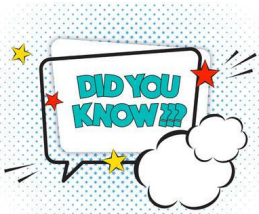
Saturday, October 26, 2019

8:30 am

Lutheran High School Northwest  
1000 Bagley Dr., Rochester Hills, MI



The goMOMS sale is upon us!  
We need sellers and volunteers to  
help make this sale a SUCCESS!



At the last goMOMS sale, the average amount  
made by sellers was **\$674!** The highest amount  
sold was **\$2268!**



## Ready to sell?

Clear out the space in your house and make some money in the process! If you're interested in selling at the sale and you have not yet signed up, please do so no later than **October 16** using the [sale registration link here. \(Click on the blue text\)](#)

Sellers must be at set up the evening of Friday, October 25 and must stay through clean up on Saturday, October 26. All registered sellers will get more information on times as the sale nears.

## Volunteers are needed!

You don't have to sell to get involved! Volunteering to help at the sale is a great way to see how the sale works. You don't have to volunteer for the entire event, any time you can lend to goMOMS is greatly appreciated! And, there are bonuses to volunteering! For every two hours you volunteer, you're entered into a raffle for \$10 of goMOMS money to use at the auction. And you get to SHOP at the seller time of 7:10 am! To volunteer go to the volunteer [registration page here. \(Click on the blue text\)](#)



*Be on the lookout for the advertising contest! The more you like, share, and post flyers, the more you're entered to win \$10 to spend at the sale!*

Let's get  
TAGGING!



# Fall Meetings & Events

## SEPTEMBER

Tuesday, September 10  
Topic: Welcome Meeting!  
6:30 pm - Mom's Chat  
7:30 pm - Meeting

TBA Date and Time  
September social night!  
Mex  
6675 Telegraph  
Bloomfield

## OCTOBER

Tuesday, October 8  
Topic: Professional  
organizing and vendor night!  
6:30 pm - Mom's Chat  
7:30 pm - Meeting



## NOVEMBER

November 12  
Topic: Auction!  
No Mom's Chat  
6:30 pm - Silent auction and  
dinner  
7:30 pm - Live auction

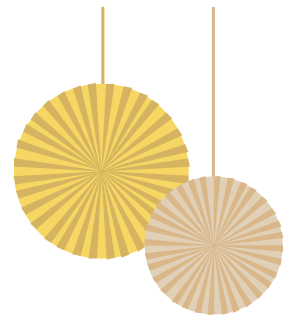
Friends and family are all  
invited to the auction!

## DECEMBER

Tuesday, December 10  
GoMOMs Holiday Party  
7:00 pm

5th Tavern  
2262 South Telegraph  
Bloomfield

Details on Adopt-a-family  
TBA



All monthly meetings are  
held at the Abiding  
Presence Lutheran Church  
unless otherwise  
indicated.

Abiding Presence  
Lutheran Church  
1550 Walton Blvd.  
Rochester Hills, MI 48309



# Member Happenings!

## MEMBERSHIP RENEWAL

Thank you to everyone who has already renewed. If you haven't had a chance yet, please note that membership dues for the 2019/2020 year are due by the October 12, 2019. You can renew online at <http://gomoms.org/membership-form/>

Please contact [gomomsmembership@gmail.com](mailto:gomomsmembership@gmail.com) with any questions.

# WELCOME

Welcome to the members who have joined us since May!  
Nariman Rabba, Jillian Triplett, Nicole Davison, Susan Duerr-Trebilcock, Amanda Chargot, Krystal Schmandt, Tammy Murray, Golsa Yaghoobi, Kayla Driskell, Amanda Dimitrie, Paula White, Lisa Keigher, Beth Habel

## Meet the Members

Each month we will begin featuring two members for you to get to know! Be on the lookout for a Facebook message asking if you'd like to be a featured!

## Have an announcement?

Expecting? Delivered recently? Other news you're dying to share? Send all of the information and a picture you'd like included so we can feature you in the next newsletter!

[gomomsnewsletter@gmail.com](mailto:gomomsnewsletter@gmail.com)



## The Book Nook

### For the littles

*Mighty, Mighty Construction Site*

Authors: Sherry Duskey Rinker & Tom Lichtenheld

Down in the big construction site, all of the favorite trucks are back facing their biggest job yet and will need the help of new construction friends to get it done.

### For the not-so-littles...

*The World According to Humphrey*

Author: Betty G. Birney

The first book in the series about everyone's favorite classroom pet! In addition to classroom fun, each weekend he gets to spend the night with a different classmate!

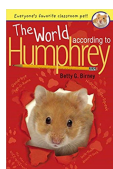
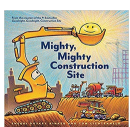
With lots of friends to help, adventures to enjoy, and a cage with a lock-that-doesn't-lock, Humphrey's life is almost perfect. If only the teacher, Mrs. Brisbane, wasn't out to get him!

### For mom....

*The Fifth Trimester*

Author: Lauren Smith Brody

A funny, tells-it-like-it-is guide for new mothers coping with the demands of returning to the real world after giving birth.



## Recipes

Who doesn't love their air fryer? Here is a simple way to cook chicken for the whole family with SkinnyTaste's Perfect Airfryer Chicken.

### INGREDIENTS

- 3 pound trimmed whole chicken
- Kosher salt
- 1 pint 1% buttermilk

This recipe does require overnight marination to make sure it is juicy on the inside and crispy on the outside. To get the full set of instructions, visit:

<https://www.skinnytaste.com/air-fryer-whole-chicken/#b1HGJuwCUiAujEzr.99>



## Metro-Detroit Play Places/ Playgrounds - A Review



### Borden Park Rochester Hills, MI

1400 E. Hamlin Road  
Rochester Hills, MI

Borden Park is a great little park for a wide variety of ages and abilities. There are plenty of structures to climb and good challenges for kids who are a little older. Kids of all ages enjoy going down the 'elevator' adjacent to the main climbing structure.

There are clean bathrooms right next to the play area, lots of swings, and lots of picnic tables. Fun for the whole family (and no parking/admission fees!)


## Take Them a Meal Program

It takes a village to raise a family. Let GOMOMS be part of your village! Whether you've recently delivered, moved, had a job change, illness, or any of the other things life throws at you - we can help! Contact us to set up a meal train for you to lighten your load!

For those of us providing meals, they can be homemade or takeout/ delivery. The mom requesting the meals will provide all the details we need!

If you'd like to request meals for yourself or a fellow GOMOM you know needs it, fill out this form <https://form.jotform.com/61988131839165>

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**goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.**

## Donate while you shop!



Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card!

1. Go to [www.krogercommunityrewards.com](http://www.krogercommunityrewards.com)
2. Sign in with your email address
3. Enter our organization number: 83164
4. Click on Greater Oakland Mothers of Multiples
5. Confirm



<https://smile.amazon.com/ch/38-2155217>  
Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to National Organization of Mothers of Twins Clubs Inc., whenever you shop on Amazon Smile using the link above!

## 2019-2020 goMOMS Board

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