



March 2019

Password: *supermom*

Spotlight on: Mom2Mom Sale!



This year's Spring Mom2Mom sale will be Saturday, April 13th at Lutheran High School Northwest in Rochester Hills, MI.

Sales are set up by sizes Department-style.

Remember, goMOMS members can shop Early Bird!

Please see more information at:

<http://gomoms.org/members-only/mom2mom-sale-info/>

Contact: [Colleen Porter and Katie White](#)

Please consider helping out by setting up, and/or bringing a baked good that can be sold (please package treats individually)!

goMOMS Welcome New MoMs!

Welcome to:

Lisa Caniglia

Megan Giovanatti

Ashley Berthiaume

goMOMS Welcome Babies!

Susan Rodriguez welcomed twins **Mateo James** (3lb 12 oz) and **Maya Elizabeth** (3lb 6oz) on February 12!

Shirah Fish welcomed twins in late February!

Upcoming Events

March 12th

General Meeting

Mom's Chat 6:30pm

Vacation Planner Presenter

March 23

Dream Dinners Fundraiser

MNO March Date TBD

Drag Queen Bingo

-see Evite for details

April 9th -Spa Night

@ Obsession Nail and Spa

-this meeting is offsite

Meeting Location

Abiding Presence Lutheran Church

1550 Walton Blvd.

Rochester Hills, MI 48309



Find us on:
facebook®

Facebook search:
goMOMS- Greater Oakland Mothers
of Multiples
Closed group-Please ask to join!

SAVE THE DATE / Special Upcoming Events

goMOMs Dream Dinners Fundraiser

Please join us on Saturday, March 23, as we prep 3 delicious dinners for only 34.99! This is a popular and fun opportunity to meal prep, have fun, and learn how to make some new recipes for you and your family! Choose from *Cattleman's Pie, Thai Peanut Chicken w/ Jasmine Rice, Savannah Chicken, and 3 Cheese Bacon Macaroni!* Sign up [here!](#)

goMOMs Scholarship

We are offering up to 2 scholarships in the amount of \$500.00 for students entering college. Applicants must be a multiple (twin, triplet, etc.), and be enrolled in a college or trade school. Please email gomomsscholarship@gmail.com for more details. The deadline to apply is April 30th!

April Meeting: Spa Night

This off-site meeting is one of our most popular goMOMs events. Come spend time with other goMOMs and get a manicure, pedicure, or both (available at a special rate for goMOMs members). Appetizers/snacks and some beverages will be available, feel free to also BYOB. You'll be able to sign up for a pedicure, manicure, or both via Signup Genius soon. Keep an eye out for the signup, coming soon!

Gomoms Ticket Discount Offers

www.313presents.com/gomoms

Promo Code: ***GOMOMS***

Upcoming Shows:



March 21st through 24th

Little Caesars Arena



PJ Masks

Thursday April 4th 6 PM

Fox Theatre



Daniel Tiger's Neighborhood

Saturday April 27th 2 PM & 5:30 PM

Fox Theatre

Meal Ideas, Tips, and More

Crockpot Corned Beef

- 2lbs lean corned beef brisket, all fat trimmed off
 - 1 cup frozen pearl onions or one onion, quartered
 - 4 medium carrots, peeled and cut into chunks
 - 4-5 medium potatoes, peeled and cut into chunks
 - 1 small head cabbage, cut into 6 wedges
 - 1/4 cup chopped fresh parsley
 - 2 bay leaves
 - 1/8 tsp whole peppercorns or 1/8 tsp pepper
 - 3 cups water
- *can use seasoning packet instead of above herbs and spices

Directions:

- Pour water into crockpot.
 - Season meat and veggies with ingredients OR seasoning packet from packaged corn beef. Add everything except the cabbage.
 - Cook 4 hours on high or 6-7 on low: the last 1.5 hours add cabbage.
 - Let cool, then slice meat against the grain thinly. Serve with vegetables and mustard and/or horseradish.
- adapted from skinnytaste.com

Freezer Breakfast Burritos

Directions:

1. Take tortillas and spread with a thin layer of mashed or refried beans
2. Sprinkle with shredded cheese.
3. Put a small amount of: cooked eggs, bacon, sausage, tofu, cooked spinach, or whatever you like to eat for breakfast.
4. Roll up tightly and freeze in wax paper or plastic wrap.
5. Reheat in microwave for 2-3 minutes and let cool for a minute. A great breakfast on the go!

Organization Hacks

- Use a plastic over-the-door shoe organizer with clear pockets to store gloves, hats, keys, and more for a more organized morning! Also works for small toy organization in a toy room or kids bedroom!
- Need something to hold snacks or condiments for your kids? Use a silicone cupcake mold. It's convenient, a good size for portion control, and dishwasher safe on the top rack!



Play Dates

Looking for something fun to do with your multiples?

Host or attend a play date!

Play dates are an excellent way for goMOMS and their children to connect!

To host a play date, fill out the [Evite Request Form](#)

Any additional questions, contact:
Audrey Tretheway, Secretary,
@ gomomssecretary@gmail.com

Kroger Community Rewards

Register your Kroger card and help goMOMS with the Kroger Community Rewards card. Members need to renew their membership by linking their Kroger cards to goMOMS. Our group receives a percentage of all your Kroger purchases quarterly. Just follow the instructions below, then shop using your Kroger card! -If you already have a Kroger account:

1. Go to www.krogercommunityrewards.com
2. Sign in with your email address
3. Enter our organization number: **83164**
4. Click on Greater Oakland Mothers of Multiples
5. Confirm

If you do NOT have a Kroger card, follow the link for further instructions HERE:

[https://www.kroger.com/account/enrollCommunityRewards Now](https://www.kroger.com/account/enrollCommunityRewardsNow)



A great way to donate while you shop!

<https://smile.amazon.com/ch/38-2155217>

Amazon will donate 0.5% of the price of your eligible AmazonSmile purchases to [National Organization of Mothers of Twins Clubs Inc.](#), whenever you shop on AmazonSmile using the above link. **Try it out today!**



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2018-2019 Board Members

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Announcements

Expecting? Or delivered recently? Let us know, and we would love to share your exciting news with our goMOMS members. Please include your name, spouse's name, babies' names and birth information (date, time, weight), a photo and any sibling information that you would like to include.

Send all information and images to
gomomsnewsletter@gmail.com



Take them a Meal

For those times in life when filling their table will warm their hearts. Simplifying meal coordination so friends, family, neighbors and co-workers can show they care. Help out a new mom by providing a meal for their family when they bring home their new bundles of joy!! Or request meals after your delivery. Meals can be homemade or take out!! goMOMS uses the Take them a Meal website to coordinate meals for new families. Please contact the meal coordinators
@ gomomsmeals@gmail.com
to request meals or for more information.

More Information about goMOMS

goMOMS is a nonprofit, 501(c)(3) organization. We bring together mothers of twins, triplets, quadruplets (or more!) for support in the unique situations we encounter with pregnancy and raising multiples. Contributions to goMOMS are tax deductible. Consult your tax professional for details.